

NOTEBOOK

Issue #11 March 30, 2017



North Vancouver Teachers' Association

ANNUAL GENERAL MEETING
Wednesday, April 26, 2017
St. Martin's Anglican Church
195 East Windsor Road

Second Call for Candidates!

The following NVTA Executive and Standing Committee Chairperson positions are available for the 2017-2018 school year.

Executive Committee: President, Local Representatives (2 or 3), Alternate Local Representative, First Vice President, Second Vice President, Secretary, Treasurer, Members-at-Large (three two-year term positions available).

Committee Chairpersons: Bargaining, Nominating & Balloting, Professional Development, Social Justice.

Nominations will be accepted from the floor of the AGM.

NOTICE OF MOTIONS

1. That the Auditor's Report from 2015-2016 be accepted.
2. That Clearline Chartered Accountants be appointed Auditor for the upcoming year 2016-2017.

There will be an NVTA All-Candidates Meeting after the Representative Assembly at Sutherland Secondary School on Wednesday, April 19, 2017

REPORT FROM THE BCTF ANNUAL GENERAL MEETING

Congratulations to our very own, Carolyn Pena, for her fantastic election victory to the BCTF Executive as Member-at-Large. Thank you to the following members who, along with our Local Representatives R. Deleurme, C. Pena and S. Megahy, volunteered to serve as NVTA delegates to the BCTF Annual General Meeting over Spring Break: M. Aiello, T. Alexis, D. Arbez, A. Bennett-Fox, C. Bird, M. Boljuncic, A. Bulsara (alt), N. Dash, S. Eglington, C. Fraenkel, I. Giese, O. Howell, R. Hunt, V. Jessiman, W. Lee, K. Russell and M. Stuible.

BCTF Full-time Table Officers: President: Glen Hansman; First Vice President Teri Mooring; Second Vice President, Clint Johnston.

BCTF Elected Members-at-Large: Rory Brown (Vancouver Secondary), Rae Figursky (Burnaby), Shawn Gough (Vancouver Island North), Carolyn Pena (North Vancouver), Jody Polukoshko (Vancouver Elementary).

BCTF Continuing Members-at-Large: Carole Gordon (Central Okanagan), Kip Wood (Nanaimo), Robin Tosczak (Victoria).

Excerpt from BCTF Press Release

Delegates at the Annual General Meeting carried numerous motions related to recruitment and retention, privacy of student information, and appropriate use of technology in schools, as well as a statement of principles protecting rights of transgender students and teachers.

The AGM also carried structural changes to the provincial Executive Committee that will take effect at next year's meeting. Designated equity seats have been created for members identifying as Aboriginal and as racialized.

The NVTA office will close for the Easter long weekend at 4 p.m. on Thursday, April 13, 2017 and will reopen on Tuesday, April 18, 2017 at 8 a.m.

North Vancouver Teachers' Association
240 - 233 West 1st Street, North Vancouver, BC V7M 1B3
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JOB SHARE MEETING

Part-time Work and Intra-District Exchange
Information Meeting

Monday, April 10, 2017, 4 p.m. at the NVTA Office

This meeting is for Continuing Contract teachers only.
Call Beth at the NVTA office (604.988.3224) to register.

COMMITTEE APPOINTMENTS

Congratulations to the NVTA members who were appointed by the NVTA Executive to the following committees – P. Wright, S. Waddle and L. Barreca to the Mainstreaming & Integration Committee; P. Wright, V. Jessiman and L. McCormick to the Screening Committee; and V. Shim and M. Fletcher to the Special Needs Schools Committee.

NVTA MEETINGS AND EVENTS 2017

APRIL 2017

14-17 Easter Long Weekend

- 19 NVTA Rep Assembly (Sutherland Library)
- 19 NVTA All-Candidates Meeting (after RA) Sutherland Library
- 26 NVTA AGM & Social (St. Martin's Anglican Church)
- elect NVTA Executive & Chairs for 2017-2018

MAY 2017

- 8 Professional Development Day
- 9 PROVINCIAL ELECTION
- 17 NVTA Rep Assembly (Sutherland Library)
- 22 Victoria Day

JUNE 2017

- 12 Retirement Tea (Seymour Golf & Country Club)
- 21 NVTA Rep Assembly (Sutherland Library)
- 29 Last day of school

LEAVES DEADLINES 2017

May 1 – Intra-District exchange request (Article E. 23.2.b) p. 89

Before May 15 – Part-time/Increase to FTE requests (Article C. 24) p. 65

Before May 15 – Job-Share Requests (Article C. 24) p. 89 (For teachers in full time and part-time assignments, including those currently in Job Shares.

By May 31 – Committed Transfer Requests (Article E.23.2.d)

LIVING WITH BALANCE

We are excited to announce that the **Living with Balance** group program for teachers will once again be offered in North Vancouver.

This program has been initiated by the BCTF Teachers' Health and Wellness Program, and is jointly funded between the BCTF and School District 44 so there is no cost to teachers who participate. There are a select number of BC communities where this program is being offered this school year, and North Van is one of them.

This group will run for six Tuesdays from 4-6 pm at the NVTA office, from April 18 – May 23, inclusive.

This group is open to anyone who wants to consider their wellness, and how to balance the challenges associated with teaching and the rest of day-to-day life. The holistic approach of this program will equip teachers to make simple lifestyle changes that will positively affect their physical, mental, and emotional well-being. This six-week group program will provide opportunities for:

- education, self-evaluation, and examining the importance of maintaining lifestyle balance
- discussing the importance of nutrition, sleep, and exercise and how to fit these things into your life
- considering how to manage low mood, anxiety, stress, boundaries and conflict
- considering the relationship between how we think and how we feel
- learning strategies that increase awareness of factors that contribute to decreased wellness
- defining what work/life balance means, and developing a goal focused plan to improve this balance
- examining the challenges teachers face in maintaining wellness, and finding time for themselves

If you are interested, please register directly at <http://www.bctf.ca/forms/LWB-registration.aspx> or contact **Lori Keith** for more information – 604.828.8121 or lori@humanworks.ca.