

# NOTEBOOK

Issue #3 October 12, 2023



## LONG-TERM SIP WITHDRAWALS

A member who has:

- attained age 64
- or has reached "Factor 88"
- or is in receipt of a retirement pension under a registered pension plan

may voluntarily withdraw from the long-term portion of the SIP. You can save the long-term fee (approximately 1.2%) from the date you reach age 64 or "Factor 88." Members are no longer entitled to long-term benefits under the Salary Indemnity Plan once they hit "Factor 90" (age plus contributory service) or age 65. It is up to you to apply to withdraw from LTD.

Ensure that in the event of serious illness or accident you have sufficient accumulated sick leave, which, when combined with 120 days of benefit from SIP short-term, will protect your salary to the end of the month in which you reach "Factor 90" or the end of the month you attain age 65, whichever comes first.

The Withdrawal forms can be found on the BCTF website ([www.bctf.ca](http://www.bctf.ca)) under Services and Guidance, benefits, salary indemnity plan, withdraw from the long term portion of the Salary Indemnity Plan.

If you have any questions, please contact 1-800-663-9163 (ext. 1921) or by email to [benefits@bctf.ca](mailto:benefits@bctf.ca)

## MENTORING MONDAYS ARE BACK!

The Teacher Mentorship Network is hosting a series of Mentoring Mondays throughout the year. When possible, they will run on the first Monday of the month, but sometime alternate dates are used.

Mentoring Mondays are Professional Growth Sessions, hosted after school from 3:45-5:15pm. The location varies. These sessions can be targeted to certain groups of teachers but are also open to all teachers. Here is a list of the Mentoring Mondays sessions offered this fall:

- **Monday, October 16, 2023:**  
Competency Based IEPS for Secondary LSTs (at Argyle Secondary)
- **Monday, November 6, 2023:**  
Intermediate Science Education Strategies (location tbd)
- **Monday, December 11, 2023:**  
Classroom Management Strategies for all grades (virtual/online)

## Staff Union Rep Training for CSRs

**Wednesday, October 25, 2023**

SURT has been scheduled on Wednesday, October 25, 2023. Please make a note in your calendar. Details have been emailed to CSRs. Please send your RSVP or Regrets ASAP.

If you have any questions about any of these Mentoring Monday sessions or if you are interested in signing up for any or all of the sessions, please email:

[teachermentorship@sd44.ca](mailto:teachermentorship@sd44.ca)

North Vancouver Teachers' Association

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Phone: 604-988-3224

Fax: 604-980-8092

Website: [nvta.ca](http://nvta.ca)

# NVTA CALENDAR 2023-2024

## OCTOBER

- 18 NVTA Representative Assembly
- 20 Professional Development Day

## NOVEMBER

- 3-4 BCTF Representative Assembly
- 11 Remembrance Day  
(Stat Holiday Monday, November 13)**
- 15 NVTA Representative Assembly

## DECEMBER

- 8 NVTA Christmas Party (TBD)
- 20 NVTA Representative Assembly

**Dec 23, 2023 – Jan 7, 2024 - CHRISTMAS BREAK**

## JANUARY

- 8 Schools reopen
- 17 NVTA Representative Assembly
- 31 NVTA General Meeting  
(elect delegates to the BCTF Annual General Meeting)

## FEBRUARY

- 2-3 BCTF Winter Representative Assembly
- 16 Professional Development Day
- 19 Family Day Stat Holiday**
- 21 NVTA Representative Assembly

## MARCH

- 13 NVTA Representative Assembly meeting with BCTF AGM Delegates

**Mar 16, 2024 – Apr 1, 2024 - SPRING/EASTER BREAK**

- 16-19 108<sup>th</sup> BCTF AGM

## APRIL

- 2 Schools reopen
- 17 NVTA Representative Assembly - followed by NVTA Executive All-Candidates Meeting

## MAY

- 3 District-wide Professional Development Day
- 8 NVTA Annual General Meeting & Social  
- elect NVTA Executive & Chairs for 2024-2025  
NVTA Representative Assembly

**20 Victoria Day**

- 24-25 BCTF Spring Representative Assembly

## JUNE

- 10 Retirement Tea  
(Seymour Golf & Country Club – Tentative)
- 19 NVTA Representative Assembly
- 27 Last day of school
- 28 Administration Day

### Teachers' Pension Plan

## MAKING THE MOST OF YOUR PENSION

Are you establishing your career or several years away from retirement? Learn how the decisions you make throughout your career can affect your pension when you retire.

Register for the upcoming instructor-led Webinar on **Monday, October 23, 2023, 4:00 pm – 5:15 pm.**

For other upcoming *pension* webinars, please follow this link:

<https://pensionsbc.arlo.co/w/tp/events/108-tpp-making-the-most-of-your-pension-webinar>

### Teachers' Pension Plan

## APPROACHING RETIREMENT

Are you planning for or within five years of retirement? This 75 minute webinar will help you learn more about your pension. The decisions you make about your pension as retirement approaches are important, and planning for retirement now can make your transition easier.

Register for the upcoming instructor-led Webinar on **Tuesday, October 24, 2023, 5:30 pm – 6:45 pm.**

For the most up-to-date information on upcoming *retirement* webinars, or to take a 45-minute online course now, please follow this link: <https://tpp.pensionsbc.ca/approaching-retirement?inheritRedirect=true>