

# NOTEBOOK

Issue #5 November 9, 2023



## Understanding your Benefits and Pension Income in Retirement

**CPP, OAS and Group Benefits:  
An Essential Workshop from  
BCRTA**

The important decision that will determine your retirement lifestyle should not be made at the last minute as you fill out your forms. This seminar will prepare you to confidentially make choices that are right for you.

All teachers aged 50+ should plan to attend one of BCRTA's Pre-Retirement online (Zoom) workshops. The workshops are free. Please pre-register at <https://bcrt.ca/workshop>.

### Dates:

- November 16, 2023 – 7pm
- November 23, 2023 – 7pm
- January 18, 2024 – 7pm
- February 29, 2024 – 7pm
- April 16, 2024 – 7pm
- May 9, 2024 – 7pm
- May 29, 2024 – 7pm

The agenda includes: Teachers' Pension Plan, CPP, Old Age Security and voluntary group benefits. As you will no longer have access to your health benefits from the employer, we include information about choosing your group benefits (dental, extended health and travel), and show some of the differences between the plans to equip you to select the plan that best suits your needs.

## OH&S Information to Teachers

**Communicating risk information to prevent  
violence-related injuries to workers**

### Employer responsibilities

The employer has a responsibility to identify and mitigate risks to workers, including the risk of violence-related injuries.

Section 4.30 of the OHS Regulation requires employers to inform workers who may be exposed to the risk of violence about the nature and extent of the risk. This includes providing information about the risk of violence from persons who have a history of violent behaviour and whom workers are likely to encounter in the course of their work.

Section 4.27 of the OHS Regulation defines violence as "the attempted or actual exercise by a person, other than a worker, of any physical force so as to cause injury to a worker, and includes any threatening statement or behaviour which gives a worker reasonable cause to believe that the worker is at risk of injury." These behaviours do not need to have the intent to cause harm to be considered violence, and not every individual who acts violently has the capacity to understand the potential outcomes of the behaviour.

### Disclosure requirements

To help determine whether employers need to communicate a person's information related to violent behaviour, they must ask: Is disclosing this information necessary to protect workers from the risk of violence?

If the answer to this question is "yes," then disclosure is required, and employers must have processes in place to ensure that this information is communicated to workers.

### For more information

- Occupational Health Safety Regulation, [Violence in the Workplace, sections 4.27-4.32](#),
- [BCTF Health and Safety Handbook](#)

If you have questions, you can call the WorkSafeBC Prevention Information Line: 604-276-3100 (toll-free 1-888-621-7233) or contact the NVTA Office.

# NVTA CALENDAR 2023-2024

## NOVEMBER

- 3-4 BCTF Representative Assembly  
**11 Remembrance Day**  
**(Stat Holiday Monday, November 13)**  
 15 NVTA Representative Assembly

## DECEMBER

- 8 NVTA Christmas Party (Angry Otter Tap & Forno)  
 20 NVTA Representative Assembly

**Dec 23, 2023 – Jan 7, 2024 - CHRISTMAS BREAK**

## JANUARY

- 8 Schools reopen  
 17 NVTA Representative Assembly  
 31 NVTA General Meeting  
 (elect delegates to the BCTF Annual General Meeting)

## FEBRUARY

- 2-3 BCTF Winter Representative Assembly  
 16 Professional Development Day  
**19 Family Day Stat Holiday**  
 21 NVTA Representative Assembly

## MARCH

- 13 NVTA Representative Assembly meeting with BCTF AGM Delegates

**Mar 16, 2024 – Apr 1, 2024 - SPRING/EASTER BREAK**

- 16-19 108<sup>th</sup> BCTF AGM

## APRIL

- 2 Schools reopen  
 17 NVTA Representative Assembly - followed by NVTA Executive All-Candidates Meeting

## MAY

- 3 District-wide Professional Development Day  
 8 NVTA Annual General Meeting & Social  
 - elect NVTA Executive & Chairs for 2024-2025  
 NVTA Representative Assembly  
**20 Victoria Day**  
 24-25 BCTF Spring Representative Assembly

## JUNE

- 10 Retirement Tea  
 (Seymour Golf & Country Club – Tentative)  
 19 NVTA Representative Assembly  
 27 Last day of school  
 28 Administration Day



## Exclusive Canucks Tickets for BCTF Members

The Vancouver Canucks are pleased to provide BCTF members and their friends and family with exclusive tickets for upcoming games. This offer will be rotating with new games added throughout the season. Upcoming games with exclusive tickets include:

- [Canucks vs. New York Islanders on Nov. 15, 2023](#)
- [Canucks vs. Tampa Bay on Dec. 12, 2023.](#)

REMEMBRANCE DAY

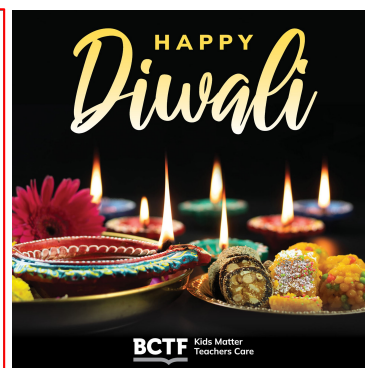


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NOVEMBER

Teachers and students honour the sacrifices of the past and work for peace in the future.

BCTF



We are excited to invite all members to the

**NORTH VANCOUVER TEACHERS' ASSOCIATION**

## 2023 Holiday Party!

*Let us buy you a glass of holiday cheer 🍷*

**When: Friday, December 8, 2023**

**3:30 pm – 7:00 pm**



**Where: Angry Otter Tap & Forno**  
 (1015 Marine Drive, North Vancouver)

**You are invited to join the NVTA Executive for a drink, some delicious hot and cold appetizers, gift card door prizes and loads of fun times!**

**Would you like to earn an entry into the coveted NVTA Turkey Raffle (otherwise known as a grocery store gift card)? Make a cash or credit card donation at the event and earn an entry into the draw.**