



# ISSUE ALERT

Issue #4

June 21, 2024

## **Important Information on Dental & Extended Health Benefits (EHB)**

Members are encouraged to enroll and access [PBC's member portal](#) for specific details of their coverage, including their usage, or download the PBC app.

Members can also access detailed health benefit information for each school district by visiting the [My Plan page](#).

Each district has its own dental and extended health benefits policy with Pacific Blue Cross (PBC). All districts offer the same extended health coverage if they participate in our provincial EHB plan. Only SD 39 (Vancouver) and SD 43 (Coquitlam) have their own individual EHB plans and have different levels of coverage.

### **Important reminders:**

- The premiums for extended health benefit (EHB) plans will be changing, **effective July 1, 2024**. This applies to TTOCs and teachers on an unpaid leave enrolled in the plan, as per NVSD communications on April 15, 2024 and May 13, 2024, respectively.
- If you have moderate to severe sleep apnea, you are eligible for coverage for a replacement device.

In addition, the following benefit improvements were agreed to in the last round of provincial bargaining:

Members who have questions or are experiencing issues with their PBC coverage, are encouraged to contact the NVTa for support.

<b>Effective January 1, 2023</b>	
Psychologist	Now includes registered counsellors and social workers, to a combined total of \$1200 per year.
Dexcom continuous glucose monitors	Covered
Chiropractors, massage therapists, physiotherapists, and acupuncturists	Increased to \$1000 per year
<b>Effective July 1, 2023</b>	
Dual Dental	Restriction removed in SD 36 and SD 57
HPV vaccine	Covered
Naturopath limit	Increased to \$1000 per year
<b>Effective July 1, 2024</b>	
Shingles vaccines	Covered
Vision care limit	Increased to \$650 per 24 months
Counselling services limit	Increased to \$1500 per year